

# The **Waves**

## NEWSLETTER

2023 -Catholic Diocese of Gizo, Solomon Is.



### BISHOPS' MESSAGE, FEBRUARY 2023.



"TOTUM AMORIS EST" is the title of the recent apostolic letter of Pope Francis on the 400th year of the death of St Francis of Sales in January 24, 1623.

#### From St Francis de (of) SALES quoted by Pope Francis

• Everything pertains to love, the tile is taken from a characteristic expression of the Saint Francis of Sales. In fact, this is what he wrote in his Treatise on

the Love of God: "In Holy Church, everything pertains to love, lives in love, is done for love and comes from love".

- This shows us the "style" of God: Our God is close, compassionate, and tender.
- This style of God is seen in Jesus. With this style God draws us to Himself.
- He does not take us by force, He does not impose His truth and justice on us.
- He wants to draw us with love, with tenderness, with compassion
- The throne of Jesus is the manger, the road and the Cross
- God has found the means to attract us however we are: with love.
- Not a possessive and selfish love, as unfortunately human love so often is.
- His love is pure gift, pure grace, it is all and only for us, for our good.
- And so He draws us in, with this unarmed and even disarming love.
- we too cast aside the weapons of pride and go, humbly, to ask for salvation, to ask for forgiveness, to ask for light for our lives,
- Jesus in the crib accepts all the discomforts that the Father lets happen to him.
- Always and only out of love, because God loves us and wants our good. "desire nothing, refuse nothing, accept everything that God sends us"

## 2. From St John Bosco on his feast day (January 31)

- St John Bosco was a man who loved this spirituality and chose Francis from SALES (a place in Switzerland) as his model of sanctity and called his congregation after him: "SALESIANS"...
- This spirituality is also his pedagogical method of education which he summarized it in three words: "reason, religion, loving kindness."
- An educator and a student who practice this spirituality can become a saint simply by being a teacher and a student the SALESian way
- (St John Bosco ... Saint Dominic Savio... Laura Vicuna ... and many others... who were not Saints but who became saints in this way, <u>the "SALESian" way</u>)
- 3. From a 'retiring Bishop' Why an apostolic letter for this saint?

## It is 400 years of his death, he was a great saint.

- May be also because Pope Francis grew and was educated in this spirituality and values it deeply. This is exactly what he is proposing to the whole world... the spirituality of "God's Tenderness and compassion"
- he does this in every occasion when he speaks of God and he does it now, officially, through this apostolic letter TOTUM AMORIS EST Everything belongs to love, because of love, by attraction... nothing by force, proselytism or fear.
- Why don't we try to adopt it and practice this more dynamically in the small daily decisions of life? Let's do everything for love, starting now Blessings from a solo heart made in Italy 75 years ago...

or you a Bishop with you a brother. Bp Luciano Capelli, sdb, **SALESian**, SDB.

### **NEWS AND APPOINTMENT**

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## The Flying Bishop to Fly Again.

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Flying bishop, Bishop Luciano Capelli sdb is now flying again, after an Italian volunteer, Captain Henrico installed parts of the plane that were not functioning.

His first flight was to St. John Bosco Parish Taro for the feast day of St. John Bosco on Sunday 29<sup>th</sup>

January 2023.

Thanks to the volunteer Pilot who still has a couple of months remaining here in the diocese and to keep him

updated all his days, our local boys are helping him tirelessly throughout the weekends.

The Bishop's plane which has not been flying for quite a while is now overhauled and flying again. Bishop, who is now in his retirement age, has already proposed his six-month pastoral plan and it is likely that he would be having more flights soon.



# News and new Priest's Appointments for year 2023.

Fr. Benedict Qelo, assistant parish priest for Saint Joseph Parish Moli; is a new Diocesan Vocation Director, as such he will assist the 8 parishes to identify candidates who show positive signs of vocation. Conducting the yearly 'Come and See' program is to coordinate the candidates with their priests and to recommend candidates to the Bishop.

Fr. Michael Aritoka is acting caretaker for Holy Rosary Nila Parish while the parish priest is away.

Fr. Benedict Rivichibatu op, the newly ordained Dominican priest assistant to Fr. Simon Suvenava op, and Fr. Dominic Soloko would be in charge of the Youths replacing Colody who is now attending St. John Bosco Technical School in Honiara.

We also have two seminarians doing pastoral, five doing Theology, one in spiritual year, eight in NAC and two are on home leave.

### DIOCESAN PROGRAMS & LATE FR. S KAMOA OP.

Ro	ollover Diocesan Program	n for Parishes 2023	
Activity	Participants	Date	Venue
Justice £ Peace	Northern Deanery Parishes	February 14th — 17th	SHJ Wagina
FSW	Northern Deanery Parishes	March 2nd — 4th	St. Josehp Moli
Hey Dad & Media	Northern Deanery Parishes	March 7th — 10th	St. Joseph Moli
Family Life Apostolate	Southern Deanery Parishes	April 13th — 15th	St. Eusebius Noro
Liturgy Training	Southern Deanery Parishes	April 18th — 21st	St. Peters Gizo
Youth L F Training	All Parishes	May 9th — 12th	St. Joseph Moli
Youth Encounter	Wagina	May 18th — 20th	SHJ Wagina
Youth Encounter	Christ the King	June 1st — 3rd	CTK Vouvoru
Youth Encounter	St. Dominic	June 8th — 10th	St. Dominic Sirovanga
Priest Meeting	All Priests	June 20th — 13rd	Bethania Gizo
Come £ See	Interested Youths	July 4th — 6th	St. Joseph Moli

## **MYSA** Initiator Died.



Late Fr. Stephen Kamoa OP

One of the initiators of the MYSA sports association died in December 2022. Late Fr. Stephen Kamoa OP, with Fr. Simon Suvenava OP organized the youths during those years in the 70's and formed the as-

sociation (MYSA – Moli Youth Sports Association) in the year 1976.

Both female and male youths including couples were involved. They organized touring of villages as far as Sirovanga and Voruvoru by canoe and by foot for netball and soccer competitions as means of fundraising.

The formation brought these sportsmen and women under the name MYSA Club to continue their weekly league which exists until today.

They are (MYSA) also one of the recipients being awarded \$20,000 with a standard netball court from the Choiseul Province.

MYSA produced some of the talented players representing Choiseul Province in the National tournament from the 1990s until today.

Late Fr. Stephen Kamoa OP left his colleague but their achievements and dreams continues; using sport and the aura surrounding athletes in promoting peace is their primary mission for Peace and Sport in the parish.

### **APOLOGY**

A news article issue from the October Newsletter 2022, under the heading "League, starts very late" was supposed to be Fr. Simon Suvenava OP, and late Fr. Stephen Kamoa OP. They are the ones who initiated the MYSA league at Moli way back in the year 1970s; when they are postulant. But not Fr. Michael Lomiri, which mentioned early in the article.

### SECONDARY SCHOOLS AND GIFT FROM ERIKA.

## 130 to Enroll for year 7.





About One Hundred and Thirty students are to enroll for year seven in 2023 in our two Catholic Secondary Schools of which St. Joseph Moli Catholic Secondary School will enroll about 50 students.

These Students are from schools around Choiseul Island and Nusa Bosco Gizo, while St. John Bosco Tuha will enroll about

80 students from 12 schools around Shortlands, Fauro, Mono Island and Nusabosco Gizo.

These schools are likely to also enroll other students as transfer students.

It is believed that the registration fee for the academic year is expected to rise while the transfer fee is expected to double up.





## Erika Del Pero Continues her Gift.

An Italian woman who built the St. Peters PPY School has continued to send gifts to Catholic PPY and Primary schools around Gizo Township.

The Nusabosco schools and the St. Peters PPY children are happy to receive gifts from her as their Christmas presents; preparing them to have better school bags and stationeries for the academic year 2023.

Two tireless Italian volunteers, Paola and Madalena with the help of Bishop Capelli enjoyed distributing these gifts to the children.

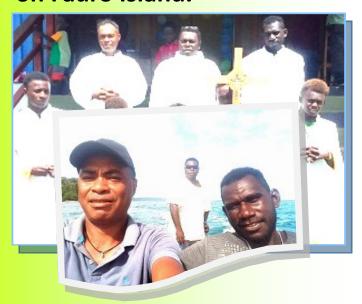
When receiving the gifts, the children and their teachers were happy and thanked Erika for her love for them.





### THE HOLY ROSARY & ST. JOSEPH PARISH

# A Peaceful Christmas Season on Fauro Island.



Celebrating the Christmas season at Fauro Island in the Shortlands was peaceful as described by Fr. Thomas Pata.

Accompanying him were two seminarians, Chris Mule and Alfred Kaivini .

In the evening, they commenced with the Vigil Mass at Samanago community and the pastoral team had to double the Vigil Mass as the Toumoa community waited for their turn at night.

On Christmas day 25th December 2022, they celebrated Mass at Toumoa Village. On the same day at midday, they celebrated at Samanago Village and in the evening at Kariki Village.

Highlights of the celebration were spiritual talks, a night presentation with Santa Claus and family visits.

Everyone had a peaceful and enjoyable celebration as they followed the footsteps of Jesus and Mary to Bethlehem said Fr. Thomas Pata.

# Market Activity may bring some Changes.



Demand for locally smoked fish at Buin market on Bougainville, PNG, brought some positive outcome for Nila Parish.

Villagers in and around Shortland Islands are now frequently visiting Buin and Arawa towns since the demand is so high.

This means people of Shortland Islands are earning a lot through selling their products in exchange for money that is sold and bought with PNG currency (Kina).

A lot of people said that they are happy and excited about the way their marketing activity is conducted which is so wonderful, compared to the past.

Market activity is an advantage for many as they await their parish programs for 2023.

# St. Joseph Moli Gain Opportunity in Sports.





Organizing sports for Christmas and New Year event was one of the privileges for the committee to have sportsmen and women involved in parish activities, said the former chairperson for the parish.

The celebration was made in style which motivated the youths and couples to participate in the program. The program involved soccer, netball and volleyball, etc.

It was hard to believe that old couples are living examples in sports within the parish as the committee believed that they are the ideal persons to lead others into parish programs, said an observer.

With the Christmas and New Year celebrations, they could not wait but commenced their league after the celebration with the aim to target the month of December 2023.

#### SUCCESS AND OUR ENVIRONMENT

### FAILURE DOESN'T MEAN

You are a failure
You accomplished nothing
You have been a fool.
You've been disgraced.
You are inferior.
You've wasted your life.
You should give up.
You'll never make it.
God has abandoned you.

It means - - You have not succeeded YET
It means - - You have learned something
It means - - You had a lot of faith
It means - - You were willing to try.
It means - - You are not perfect.
It means - - You have a reason to restart
It means - - You must try harder
It means - - It will take a little longer.
It means - - God has a better way for you.



### **POLLUTION**

(Catholic Faith Available - What does the Catholic Church say about pollution? - Catholic faith available (abujacatholicarchdiocese.org)

#### What does the Catholic Church say about pollution?

Cardinal Peter Turkson, president of the Vatican's council for peace and justice, said: "The first step is to humbly acknowledge the harm we are doing to the Earth through pollution, the scandalous destruction of ecosystems and loss of biodiversity, and the specter of climate change.

#### How does the Catholic Church respond to pollution?

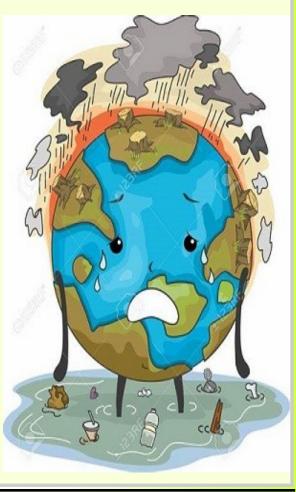
The Roman Catholic Church has responded to the challenges raised by environmental issues by stressing the need for every individual and every nation to play their part. The important points that the Church makes include the beliefs that: creation has value because it reveals something about God the creator.

## What does the Catholic Church say about caring for the environment?

Catholics are obligated to care for the planet, just like care for the sick, Pope Francis says. ... On Thursday, in an address explaining why Catholics must make practical changes in their daily routines to safeguard the earth that God created, Francis added care for the environment as an eighth work of mercy.

#### What does the Catholic Church say about ocean pollution?

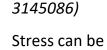
Catholic teachings emphasize the need to care for ocean systems and marine life because they are gifts of God's creation but also because as they are polluted, we are all harmed. These are life issues. The coastal peoples who lack affluence suffer the most from ocean pollution and rising seas.



### STRESS, WHAT IS IT?

## What Is Stress? (https://

www.verywellmind.com/stress-and-health-





defined as any type of change that causes physical, emotional, or psychological strain. Stress is your body's response to anything that requires attention or action.

Everyone experiences

stress to some degree. The way you respond to stress, however, makes a big difference to your overall well-being.

Sometimes, the best way to manage your stress involves changing your situation. At other times, the best strategy involves changing the way you respond to the situation.

Developing a clear understanding of how stress impacts your physical and mental health is important. It's also important to recognize how your mental and physical health affects your stress level.

### **Signs of Stress**

Stress can be short-term or long-term. Both can lead to a variety of symptoms, but chronic stress can take a serious toll on the body over time and have long-lasting health effects.

Some common signs of stress include: Changes in mood, Clammy or sweaty palms, Decreased sex drive, Diarrhea, Difficulty sleeping, Digestive problems, Dizziness, Feeling anxious, Frequent sickness, Grinding teeth, Headaches, Low energy, Muscle tension, especially in the neck and shoulders, Physical aches and pains, Racing heartbeat, Trembling, etc.



## **UPCOMMING EVENTS 2023 -**

The Church journeys
with Christ, through
Christ and in Christ. He,
the welfarer, the Way
and our homeland, gives
His Spririt of love
(Romans 5,5) so that, in
Him, we may follow
"the most perfect way"

## (22 February 2023) Ash Wednesday

A solemn reminder of human mortality and the need for reconciliation with God and marks the beginning of the penitential Lenten season. It is commonly observed with ashes and fasting.

